

Excel[®]



www.excelfitindia.com



Muscle Fit[®]



We have been operating manufacturing unit in south india for the past 24 years specially in the production of international standard gym equipment.

We have 12 retail outlets of our own in Tamilnadu & kerala and more than 100 Exclusive Dealers who cater to the needs of the customer all over INDIA.

We export our products to countries such as Maldives, Sri lanka & Gulf countires.

WHY CHOOSE EXCEL?

- ✔ ISO Certified
- ✔ NSIC Certified
- ✔ High Safety Standard
- ✔ Good reputation in the market
- ✔ Certification from Varies Institution
- ✔ Good Infrastructure For Manufacturing plant
- ✔ After sales service support 24/7 all over INDIA.
- ✔ Indian quality & china price.



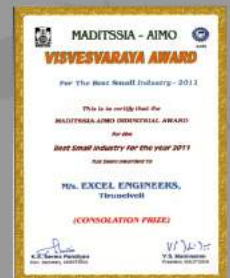
CII



YES



ISO 9001:2015



BEST INDUSTRY AWARD



MINISTRY OF FINANCE



REGISTRATION



NSIC



MSME

▼ CONTENTS

DYNAMIC SERIES



GRACILE SERIES



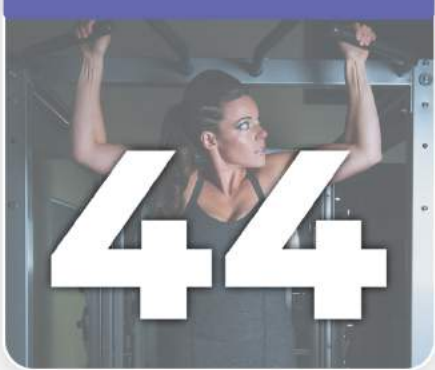
HAM SERIES



MULTI GYM



CROSSFIT



BENCHES & RACKS



ACCESSORIES



HANDLES



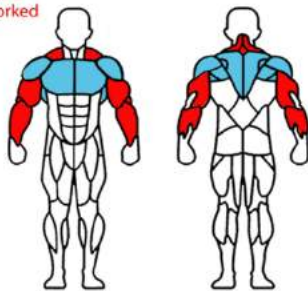


WHY DYNAMIC SERIES ?

- ✔ **Main Frame** : 100 x 50 x 3 mm cold rolled **Oval** tube
- ✔ **Weight stack** : Low carbon mild steel weight plates for antirust, lower noise & durable operation.
- ✔ **Weight stack guide** : **Stainless steel**, ensuring smooth & precise movement.
- ✔ **Weight stack cover** : Metal full cover & attractive look.
- ✔ **Welding** : CO₂ Mig welding, ensuring strong & durable weldability.
- ✔ **Powder coating** : **7 tank** process, **3 pass** powder coat process electrostatically applied powder coat **80 to 100 micron** thickness finish.
- ✔ **Pin holes** : Laser marked.
- ✔ **Pin selector** : 6mm pin with spring string.
- ✔ **Grip** : HDR hand grip with moulded aluminium casing, ensuring durability & comfortable grip.
- ✔ **Drive system** : **belt drive system**.
- ✔ **Pulley** : **114 mm** bearing loaded fibre reinforced, Flat pulley bearing drive loaded.
- ✔ **Logo** : Customized with stainless steel laser - engraved customer **brand logo**.
- ✔ **Foot grip** : Non slippery grip, ensuring machine safety & stability during workout.
- ✔ **Hinge movement** : Protected with aluminium cover for aesthetics look.
- ✔ **Top cover** : Forged metal, enhancing the equipment's overall durability & aesthetic.
- ✔ **Foot rest** : Covered with aluminium, adding to durability & aesthetics.
- ✔ **Cam wheel** : Metal cam wheel for perfect bio mechanism & the pin holes on the wheel are **laser marked** for easy to do workout.
- ✔ **Upholstery** : High density **40mm** foam pad with leather cover for long life, additional cover for head rest.
- ✔ **Hardware** : **Stainless steel** ensuring longevity and corrosion resistance.
- ✔ **Instructional placard** : A guide is provided offering comprehensive guidance on how to use the equipment effectivity.

Peck / Rear delt (dual)

. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION

LxWxH (cms)

110x110x190



Multi press (dual)

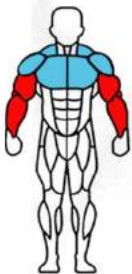


PRODUCT DIMENSION

LxWxH (cms)

190x130x175

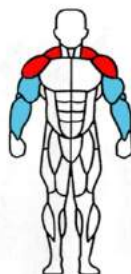
. primary muscle worked
. secondary muscle worked



Bicep / Tricep (dual)



. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION

LxWxH (cms)

100x120x170

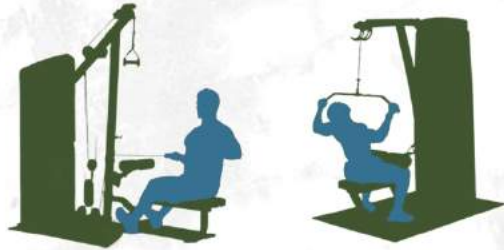
DS - 4002

DYNAMIC
SERIES

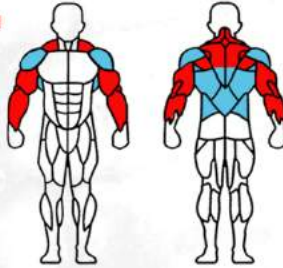
DS - 4003

DS - 4004

Lat pull / Mid row (dual)



. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION

LxWxH (cms)

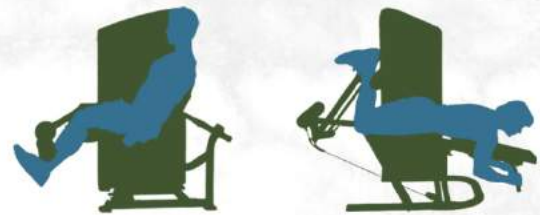
110x110x190



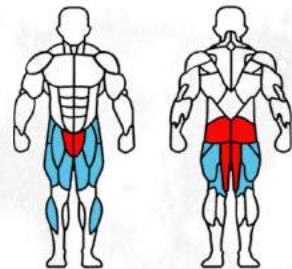
DYNAMIC
SERIES

DS - 4005

leg extension / Prone leg Curl (dual)



. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION

LxWxH (cms)

120x100x170



WHY GRACILE SERIES ?

- ✔ **Main Frame** : 100 x 50 x 3 mm cold rolled **Rectangle** tube.
- ✔ **Weight stack** : Low carbon mild steel weight plates for antirust, lower noise & durable operation.
- ✔ **Weight stack guide** : **Stainless steel**, ensuring smooth & precise movement.
- ✔ **Weight stack cover** : Metal full cover & attractive look.
- ✔ **Welding** : CO₂ Mig welding, ensuring strong & durable weldability.
- ✔ **Powder coating** : 7 tank process, 3 pass powder coat process electrostatically applied powder coat 80 to 100 micron thickness finish.
- ✔ **Pin holes** : Laser marked.
- ✔ **Pin selector** : 6mm pin with spring string.
- ✔ **Grip** : HDR hand grip with moulded aluminium casing, ensuring durability & comfortable grip.
- ✔ **Cable** : 7x19 carbon steel strength of more than 1ton **Aircraft cable** used.
- ✔ **Pulley** : 114 mm bearing loaded fibre reinforced, grooved pulley bearing drive loaded.
- ✔ **Foot grip** : Non slippery grip, ensuring machine safety & stability during workout.
- ✔ **Hinge movement** : Protected with aluminium cover for aesthetics look.
- ✔ **Foot rest** : Covered with aluminium, adding to durability & aesthetics.
- ✔ **Cam wheel** : Metal cam wheel for perfect bio mechanism & the pin holes on the wheel are **laser marked** for easy to do workout.
- ✔ **Upholstery** : High density 40mm foam pad with leather cover for long life, additional cover for head rest.
- ✔ **Hardware** : **Stainless steel** ensuring longevity and corrosion resistance.
- ✔ **Logo** : Customized with stainless steel laser - engraved customer **brand logo**.
- ✔ **Instructional placard** : A guide is provided offering comprehensive guidance on how to use the equipment effectivity.



GRACILE SERIES

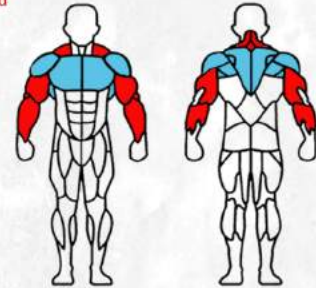


GS - 9001



Peck / Rear delt (dual)

- . primary muscle worked
- . secondary muscle worked



PRODUCT DIMENSION
LxWxH (cms) | **180x180x210**

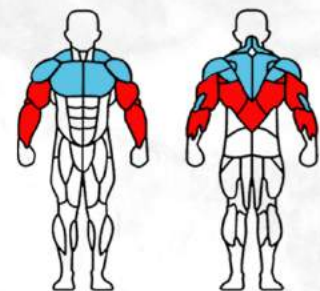
- ✘ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✘ Laser marked Adjustable seat holes for comfort position of workouts.
- ✘ Pull pin adjustable handle starting position.
- ✘ Designed with precise biomechanism for Pectoralis, Anterior delt, Posterior delt muscles.
- ✘ Four hand grips for comfort workout position.

GRACILE
SERIES

GS - 9002



- . primary muscle worked
- . secondary muscle worked



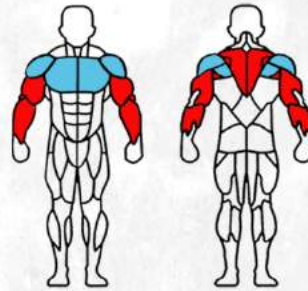
PRODUCT DIMENSION
LxWxH (cms) | **190x130x175**

- ✘ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✘ Laser marked Adjustable seat holes for comfort position of workouts.
- ✘ Dual hand grips for comfort workout position.
- ✘ Designed with precise biomechanism for Pectoralis, Anterior delt, lateral delt, Trapezius muscles.
- ✘ Adjustable handle position to accommodate all users.



Chest press

. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION | **190x130x170**
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Dual hand grips for comfort workout position.
- ✦ Designed with precise Bi angular biomechanism for Pectoralis, Anterior delt muscles.
- ✦ Independent arm action ensured more balance workout.

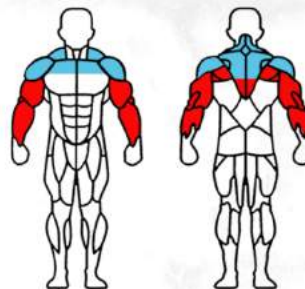
GRACILE
SERIES

GS - 9003



Shoulder press

. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION | **140x110x170**
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Multi hand grips for comfort workout position.
- ✦ Designed with precise Bi angular biomechanism for clavical head, Anterior delt, lateral delt muscles.
- ✦ Independent arm action ensured more balance workout.

GS - 9004

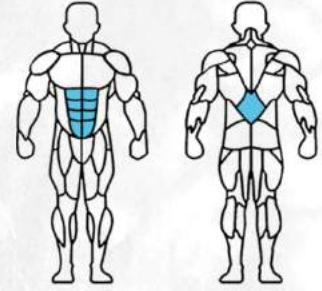


GS - 9005



Ab Back Extension (dual)

primary muscle worked

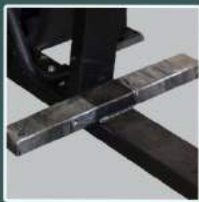


PRODUCT DIMENSION | 158x126x170
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Non-skid footrest provides secure & proper positioning.
- ✦ Designed with precise biomechanism for Rectus abdominus, Transvers abdominus, rhomboid, erectors spine, multi fidus muscles.
- ✦ Pivot position promotes co-ordination of hip & lower back muscles.

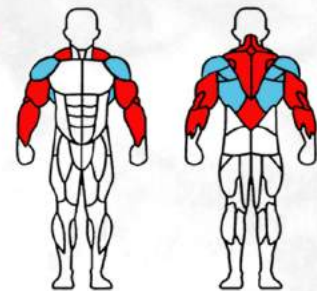
GRACILE
SERIES

GS - 9006



Lat Pull

primary muscle worked
secondary muscle worked



PRODUCT DIMENSION | 145x110x240
LxWxH (cms)

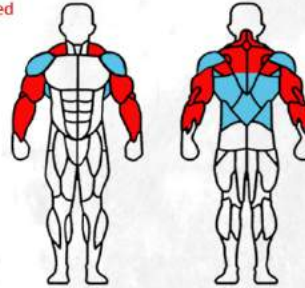
- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Adjustable thigh pads provide stability & comfort.
- ✦ Designed with precise biomechanism for Latissimus dorsi, Teres major, Teres minor muscles.
- ✦ Precise designed handle ensures proper arm & wrist position.
- ✦ Multi hand grips.

Lat pull / Mid row (dual)

GS - 9007



- . primary muscle worked
- . secondary muscle worked



PRODUCT DIMENSION | **180x110x240**
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Adjustable thigh pads provide stability & comfort.
- ✦ Designed with precise biomechanism for Latissimus dorsi, Teres major, Teres minor, Rear delt, rhomboids muscles.
- ✦ Multi hand grips.
- ✦ Precise designed handle ensures proper arm & wrist position throughout the entire range of motion.

GRACILE
SERIES

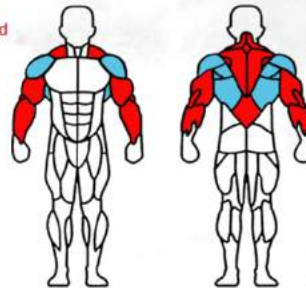


Dual Lat pull

GS - 9008



- . primary muscle worked
- . secondary muscle worked



PRODUCT DIMENSION | **140x110x240**
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Adjustable thigh pads provide stability & comfort.
- ✦ Designed with precise biomechanism for Latissimus dorsi, Teres major, Teres minor muscles.
- ✦ Precise designed handle ensures proper arm & wrist position throughout the entire range of motion
- ✦ Multi hand grips.

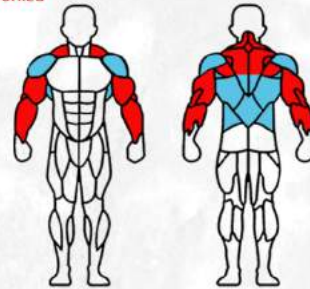


GS - 9009



Dual Lat pull / Mid row

- primary muscle worked
- secondary muscle worked



PRODUCT DIMENSION | **140x110x240**
LxWxH (cms)

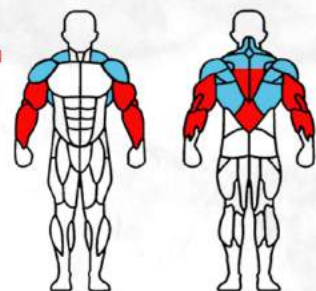
- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Adjustable thigh pads provide stability & comfort.
- ✦ Designed with precise biomechanism for Latissimus dorsi, Teres major, Teres minor, Rear delt, Rhomboids muscles.
- ✦ Precise designed handle ensures proper arm & wrist position throughout the entire range of motion.
- ✦ Multi hand grips.

GRACILE
SERIES

GS - 9010



- primary muscle worked
- secondary muscle worked



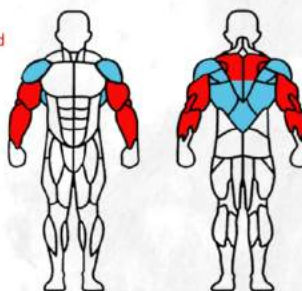
PRODUCT DIMENSION | **180x110x210**
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Chest support pad for proper user position.
- ✦ Designed with precise biomechanism for Latissimus dorsi, Teres major, Teres minor, Trapezius muscles.
- ✦ Dual axis handles & eccentric cam provides greater training variety.

Low Row pull



. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION | 100x190x200
LxWxH (cms)

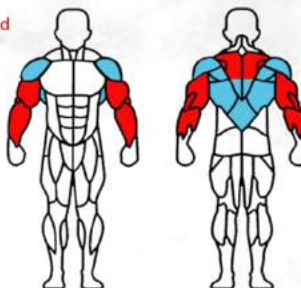
- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Large comfortable seat.
- ✦ Designed with precise biomechanism for Latissimus dorsi, Rhomboid muscles.
- ✦ Anti-slip foot platform.

GRACILE
SERIES

Seated row



. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION | 90x180x155
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Adjustable Chest support pad for proper user position.
- ✦ Designed with precise biomechanism for Lower trapezius, Latissimus dorsi, Teres major, Rhomboids muscles.
- ✦ Anti-slip foot rest.

GS - 9011



GS - 9012



GS - 9013



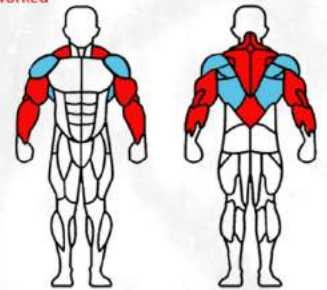
Spider row

PRODUCT DIMENSION | 210x110x160
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Two pairs of handles for targeting rear delts & lower traps.
- ✦ Designed with precise biomechanism for Trapezius, Rear delt, Teres major, Latissimus dorsi muscles.
- ✦ Two foot rest for different user height for comfortable workout.



.. primary muscle worked
.. secondary muscle worked



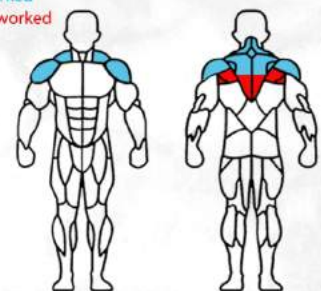
GRACILE
series

GS - 9014



Lateral Raise

.. primary muscle worked
.. secondary muscle worked



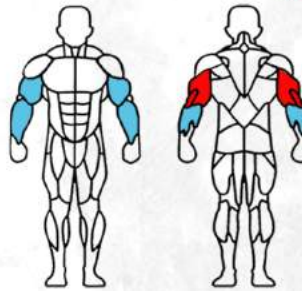
PRODUCT DIMENSION | 145x105x170
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Adjustable Chest support pad for proper user position.
- ✦ Designed with precise biomechanism for Trapezius, Lateral delt muscles.
- ✦ Dual axis handles & cam provides greater training variety.

3 in 1 Fore arm machine



. primary muscle worked
. secondary muscle worked



PRODUCT DIMENSION | 85x78x100
LxWxH (cms)

CUSTOMER SPECIFIED



- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo.
- ✦ Designed with precise biomechanism for flexor, Extensor, Brachialis, Brachioradialis muscles.
- ✦ Precise designed handle ensures proper arm movement.
- ✦ Additionally storage hooks.



GS - 9015

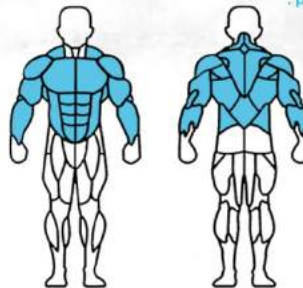


GS - 9016

Assisted chinup dip (dual)

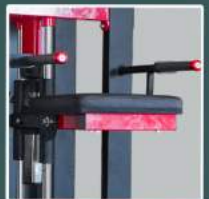


. primary muscle worked



PRODUCT DIMENSION | 165x115x250
LxWxH (cms)

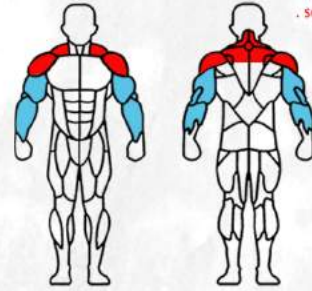
- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Non-slip foot plate support.
- ✦ Designed with precise biomechanism for Pectoralis, Trapezius, Tricep brachii, Latissimus dorsi, Anterior delt, Teres major, Teres minor muscles.
- ✦ Adjustable knee rest for comfort workout flat & bend movement.



GS - 9017



Bicep / Tricep (dual)



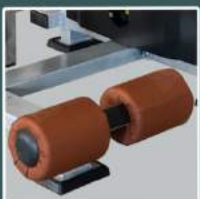
. primary muscle worked
. secondary muscle worked

PRODUCT DIMENSION
LxWxH (cms) | **100x120x170**

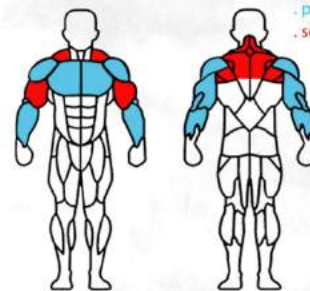
- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Smart switch rotating system of the exercise arm.
- ✦ Designed with precise biomechanism for Bicep brachii, Brachialis, Tricep brachii muscles.
- ✦ Optimized cam location creates a biomechanically correct arc of motion.

GRACILE
SERIES

GS - 9018



Tricep dip



. primary muscle worked
. secondary muscle worked

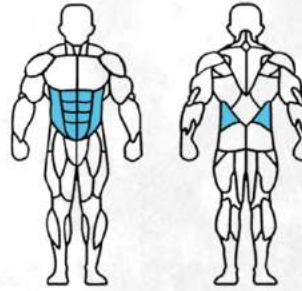
PRODUCT DIMENSION
LxWxH (cms) | **115x125x170**

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Non-skid foot pad provides secure & proper positioning.
- ✦ Designed with precise biomechanism for Tricep brachii, Trapezius muscles.
- ✦ Adjustable handles for short and wide range of workouts.

Ab Core crunches



. primary muscle worked



PRODUCT DIMENSION | 120x110x170
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Swivel adjustable seat holes to target both front and oblique muscles.
- ✦ Adjustable roller pad foot provide stability & comfort.
- ✦ Designed with precise biomechanism for Rectus abdominus Transverse abdominus, External obliques, Internal obliques.
- ✦ It improves core strength and stability.

GRACILE
SERIES

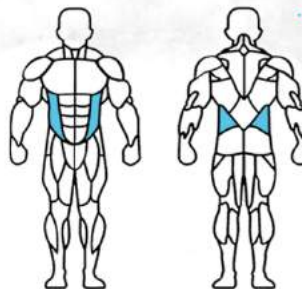
GS - 9019



Rotary Torso



. primary muscle worked



PRODUCT DIMENSION | 140x115x170
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Chest support pad for proper user position.
- ✦ Designed with precise biomechanism for External obliques.
- ✦ Dual hand grips for users support.

GS - 9020

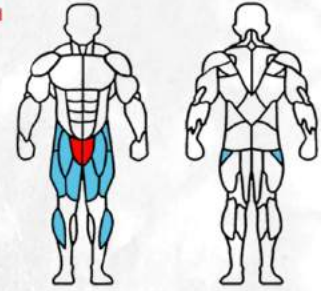


GS - 9021



leg Extension

- . primary muscle worked
- . secondary muscle worked



PRODUCT DIMENSION | **120x100x170**
LxWxH (cms)

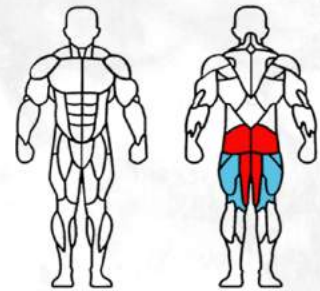
- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Adjustable thrust roller foot provide stability & comfort.
- ✦ Designed with precise biomechanism for Rectus femoris, Vastus lateralis, Vastus intermedialis, Vastus medialis.
- ✦ Two sides support HDR handles.

GRACILE
SERIES

GS - 9022



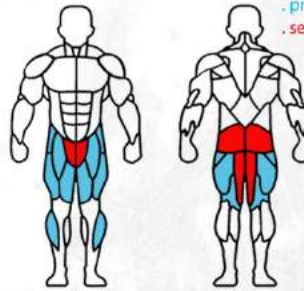
- . primary muscle worked
- . secondary muscle worked



PRODUCT DIMENSION | **160x100x170**
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Adjustable thrust roller foot provide stability & comfort.
- ✦ Two pairs of handles support and comfortable.
- ✦ Designed with precise biomechanism for Semi membranosus, Biceps femoris, Semi tendinosus.
- ✦ Eccentric cam provides greater training variety.

Leg extension / Seated leg curl_(dual)



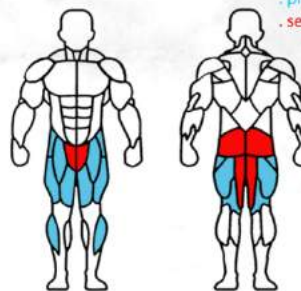
. primary muscle worked
. secondary muscle worked

PRODUCT DIMENSION
LxWxH (cms) | 120x100x170

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Adjustable thrust roller foot provide stability & comfort.
- ✦ Designed with precise biomechanism for Rectus femoris, Vastus lateralis, Vastus intermedialis, Vastus medialis, Semi membranous, Biceps femoris, Semi tendinosus.
- ✦ Eccentric cam provides greater training variety.
- ✦ Two pairs of handles support and comfortable.

GRACILE
SERIES

leg extension / Prone leg Curl_(dual)



. primary muscle worked
. secondary muscle worked

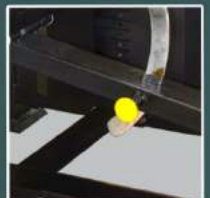
PRODUCT DIMENSION
LxWxH (cms) | 160x100x170

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Adjustable thrust roller foot provide stability & comfort.
- ✦ Designed with precise biomechanism for Rectus femoris, Vastus lateralis, Vastus intermedialis, Vastus medialis, Semi membranous, Biceps femoris, Semi tendinosus.
- ✦ Two pairs of handles support and comfortable.
- ✦ Eccentric cam provides greater training variety.

GS - 9023



GS - 9024



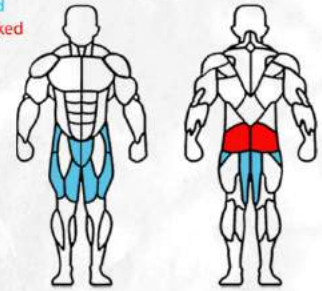
GS - 9025



Abductor / Adductor (dual)



primary muscle worked
secondary muscle worked



PRODUCT DIMENSION | 210x110x160
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Two pairs of handles support and comfortable.
- ✦ Designed with precise biomechanism for Adductor brevis, Adductor longus, Adductor magnus, Sartorius, Fasciae latae, psoas major muscles.
- ✦ Dual workout position: 2 different settings to work the abductor and adductor muscles.

GRACILE
SERIES



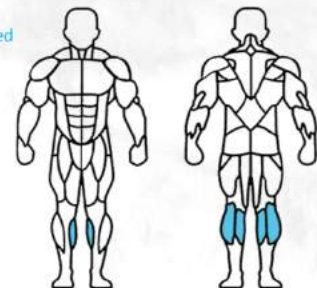
GS - 9026



Standing calf raise



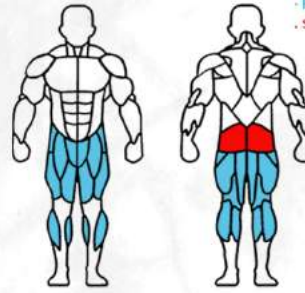
primary muscle worked



PRODUCT DIMENSION | 125x120x170
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Non-slip foot step.
- ✦ Designed with precise biomechanism for Gastrocnemius, Soleus muscles.
- ✦ Comfort shoulder padding & adjustable.
- ✦ Rubber stopper to reduce noise.

leg Press



. primary muscle worked
. secondary muscle worked

PRODUCT DIMENSION | **185x110x170**
LxWxH (cms)

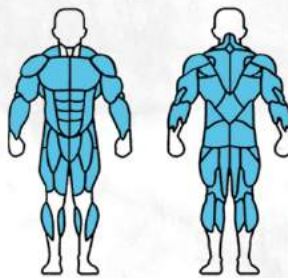
- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable seat holes for comfort position of workouts.
- ✦ Wide footrest platform.
- ✦ Designed with precise biomechanism for Quads, Hamstrings, Glutes and even Calves.
- ✦ Two pairs of handles.

GRACILE
SERIES

Cable crossover



. primary muscle worked



PRODUCT DIMENSION | **425x85x235**
LxWxH (cms)

- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable pulley holes for comfort position of workouts.
- ✦ Multifunctional machine: unlimited training possibilities.
- ✦ Designed with precise biomechanism for Bicep brachii, Deltoid group, Pectoralis, Tricep brachii, Latissimus dorsi, core, quadriceps, calf muscles.
- ✦ Top Precise designed handle ensures proper arm & wrist position throughout the entire range of motion.
- ✦ Jointed arm freemotion 360° with height adjustment.

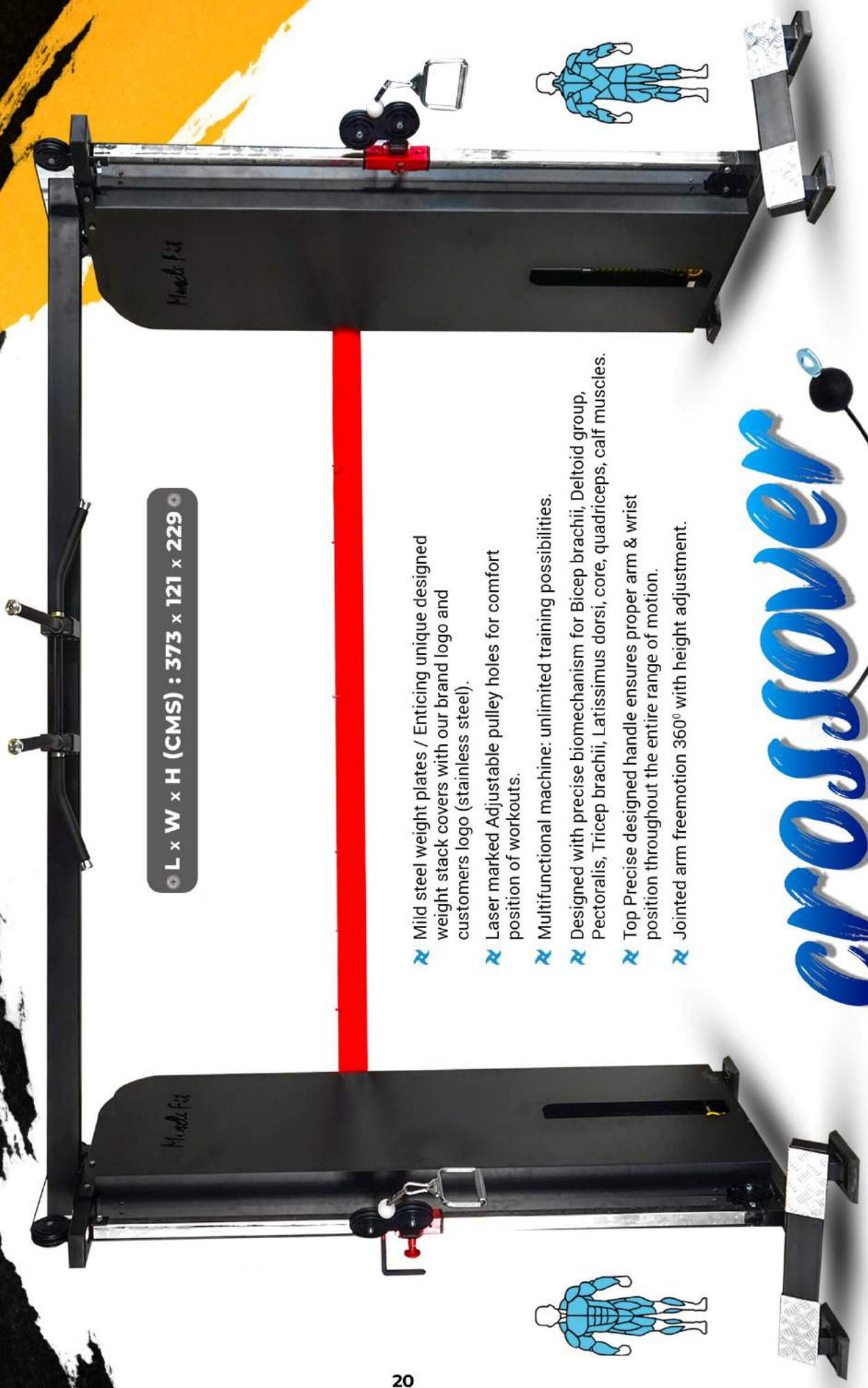
GS - 9027



GS - 9028



GS - 9029



L x W x H (CMS) : 373 x 121 x 229

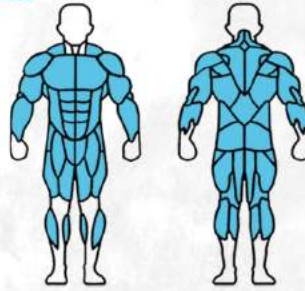
- ✘ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✘ Laser marked Adjustable pulley holes for comfort position of workouts.
- ✘ Multifunctional machine: unlimited training possibilities.
- ✘ Designed with precise biomechanism for Bicep brachii, Deltoid group, Pectoralis, Tricep brachii, Latissimus dorsi, core, quadriceps, calf muscles.
- ✘ Top Precise designed handle ensures proper arm & wrist position throughout the entire range of motion.
- ✘ Jointed arm freemotion 360° with height adjustment.

Crossover

Functional Trainer

GS - 9030

primary muscle worked



PRODUCT DIMENSION | 200x130x230
LxWxH (cms)

- ✦ Multifunctional machine: unlimited training possibilities.
- ✦ Mild steel weight plates / Enticing unique designed weight stack covers with our brand logo and customers logo (stainless steel).
- ✦ Laser marked Adjustable pulley holes for comfort position of workouts.
- ✦ Additionally storage hooks.
- ✦ Designed with precise biomechanism for Bicep brachii, Deltoid group, Pectoralis, Tricep brachii, Latissimus dorsi, core, quadriceps, calf muscles.
- ✦ Top Precise designed handle ensures proper arm & wrist position throughout the entire range of motion.
- ✦ Jointed arm freemotion 360° with height adjustment.

GRACILE
SERIES



STRENGTH





WHY HAM SERIES ?

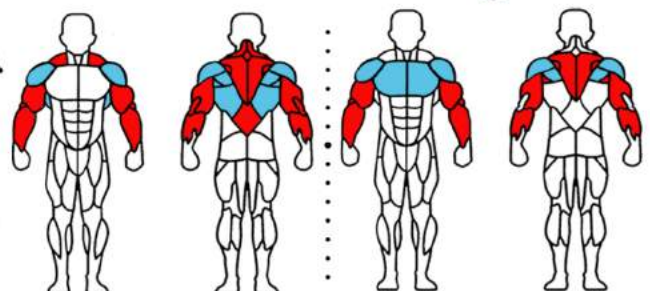
- ☑ **Main Frame** : 100 x 50 x 3 mm cold rolled **Rectangle** tube.
- ☑ **Welding** : CO₂ Mig welding, ensuring strong & durable weldability.
- ☑ **Powder coating** : 7 tank process 3 pass coat powder process electrostatically applied powder coat **80 to 100** micron thickness finish.
- ☑ **Grip** : HDR hand grip with moulded aluminium casing, ensuring durability & comfortable grip.
- ☑ **Logo** : Customized with stainless steel laser - engraved customer **brand logo**.
- ☑ **Foot rest** : Covered with aluminium, adding to durability & aesthetics.
- ☑ **Foot grip** : Non slippery grip, ensuring machine safety & stability during workout.
- ☑ **Hinge movement** : Protected with aluminium cover for aesthetics look.
- ☑ **Horns** : Plate storage horns, allowing convenient & organized storage of weight plates.
- ☑ **Upholstery** : High density **40mm** foam pad with leather cover for long life, additional cover for head rest.
- ☑ **Hardware** : **Stainless steel** ensuring longevity and corrosion resistance.
- ☑ **Instructional placard** : A guide is provided offering comprehensive guidance on how to use the equipment effectivity.

Lat pull / Chest press (dual)

L x W x H (CMS) : 180 x 150 x 200



- ☑ "Compatible use with olympic sized plate"
- ☑ Independent levers for mono-lateral or bilateral exercises,
- ☑ Different types of workout in one machine purpose,
- ☑ Fully adjustable thigh pad,
- ☑ Adjustable seat,
- ☑ Multi handle positions,
- ☑ 4 additional weight plate horns.

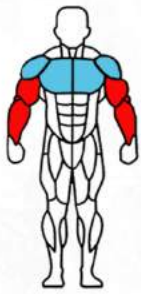


.. primary muscle worked
.. secondary muscle worked

HS - 7001

HAM
SERIES

Bench press



. primary muscle worked
. secondary muscle worked

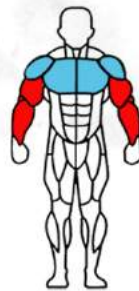


◉ L x W x H (CMS) : 150 x 140 x 90 ◉

- ◉ "Compatible use with olympic sized plate"
- ◉ Independent levers for unilateral or bilateral exercise,
- ◉ Adjustable handles bar.
- ◉ HDR handle,
- ◉ Two additional weight plate horns.

HS - 7002

Inclined Chest press



. primary muscle worked
. secondary muscle worked

◉ L x W x H (CMS) : 150 x 150 x 150 ◉

- ◉ "Compatible use with olympic sized plate"
- ◉ Independent levers for bilateral or mano-lateral exercise,
- ◉ Rubber stopper to reduce noise,
- ◉ Adjustable seat,
- ◉ HDR handle, [ARM WEIGHT - 34kg]
- ◉ Two additional weight plate horns.

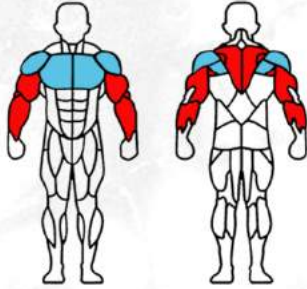
HS - 7003

HAM
SERIES

HS - 7004

Chest press

- . primary muscle worked
- . secondary muscle worked



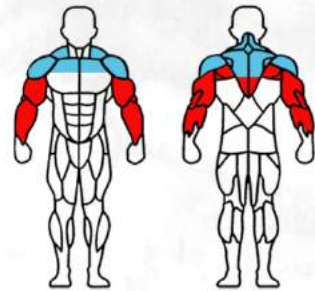
L x W x H (CMS) : 200 x 170 x 150

- “Compatible use with olympic sized plate”
- Two additional weight plate horns,
- Rubber stopper to reduce noise,
- Adjustable seat,
- HDR handle, [ARM WEIGHT - 35kg]
- Independent levers for bilateral or mano-lateral exercise.

HS - 7005

Shoulder press

- . primary muscle worked
- . secondary muscle worked



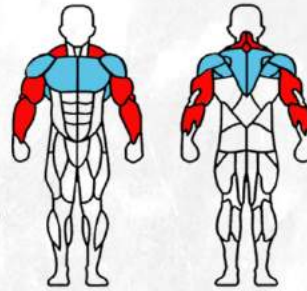
L x W x H (CMS) : 110 x 140 x 140

- “Compatible use with olympic sized plate”
- Independent levers for unilateral or bilateral exercise,
- Adjustable seat,
- HDR handle, [ARM WEIGHT - 34kg]
- Two additional weight plate horns.

Incline Flys



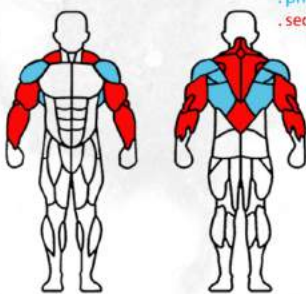
primary muscle worked
secondary muscle worked



L x W x H (CMS) : 140 x 150 x 90

- ✔ "Compatible use with olympic sized plate"
- ✔ Seated with height adjustment,
- ✔ Starting height adjustment handle position,
- ✔ Flying-counterbalanced system,
- ✔ Stronger bar rod,
- ✔ Fixed handle..

Lat pull



primary muscle worked
secondary muscle worked

L x W x H (CMS) : 180 x 120 x 200

- ✔ "Compatible use with olympic sized plate"
- ✔ Adjustable seat,
- ✔ Roller to lock the tights in the correct physiological position.
- ✔ Two additional weight plate horns,
- ✔ Large handle positions,
- ✔ Independent levers for mono-lateral or bilateral exercises.



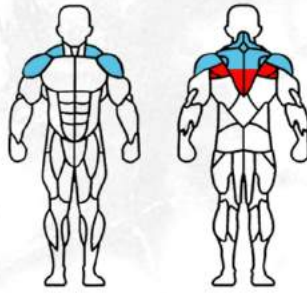
HS - 7006

HS - 7007

HAM
SERIES

Standing lateral raise

HS - 7008



. primary muscle worked
. secondary muscle worked

• L x W x H (CMS) : 213 x 106 x 172 •

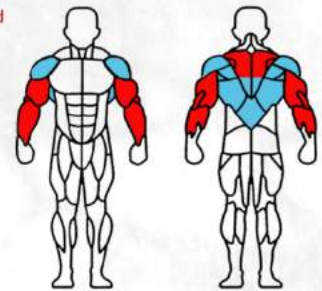
- "Compatible use with olympic sized plate"
- Easy start system with safety levers,
- HDR handles,
- Adjustable seat,
- Large non-skid footplate & adjustable,
- Movable handles with adaptive system.



Seated row

HS - 7009

. primary muscle worked
. secondary muscle worked

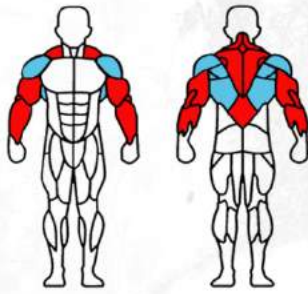


• L x W x H (CMS) : 155 x 140 x 135 •



- "Compatible use with olympic sized plate"
- Two pairs of handles for targeting both traps & lats,
- Chest pad & seat adjustable,
- Two additional weight plate horns,
- Anti-slip seat & chest pad,
- HDR handle, [ARM WEIGHT - 40kg]

High Row



. primary muscle worked
. secondary muscle worked

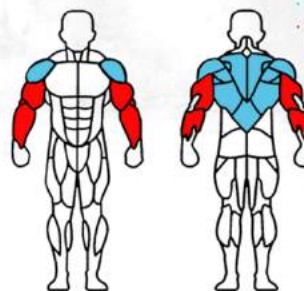


◉ L x W x H (CMS) : 160 x 160 x 215 ◉

- ◉ "Compatible use with olympic sized plate"
- ◉ Adjustable thrust roller,
- ◉ HDR handels & height adjustment,
- ◉ 4 additional weight plate horns,
- ◉ Adjustable seat,
- ◉ Adjustable roller to lock the tighs in the correct physiological position.

HS - 7010

Low Row



. primary muscle worked
. secondary muscle worked



◉ L x W x H (CMS) : 125 x 130 x 170 ◉

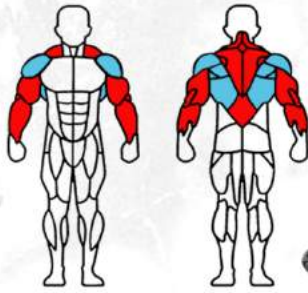
- ◉ "Compatible use with olympic sized plate"
- ◉ Adjustable seat,
- ◉ Multiple HDR handels, [ARM WEIGHT - 45kg]
- ◉ Two additional weight plate horns,
- ◉ Leg non-slip platform,
- ◉ Center fixed handle to stabilize the body during mono-lateral exercise.

HS - 7011

HAM
SERIES

T Bar Row

HS - 7012



. primary muscle worked
. secondary muscle worked

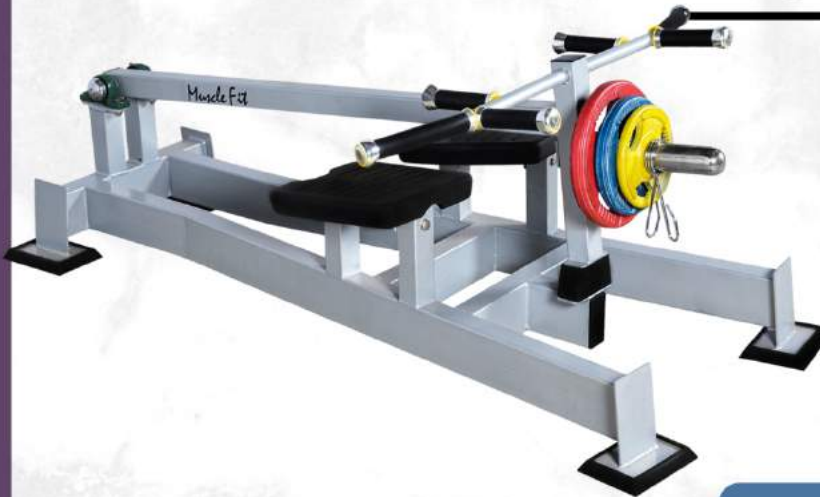


• L x W x H (CMS) : 205 x 105 x 118 •

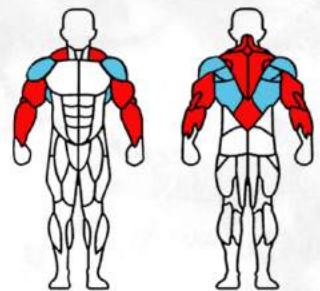
- "Compatible use with olympic sized plate"
- Fixed chest pad,
- Stronger bar rack,
- Large platform,
- HDR handle,
- Two pairs of handles for targeting rear delts & lower traps.

Lat rowing Bar

HS - 7013



. primary muscle worked
. secondary muscle worked



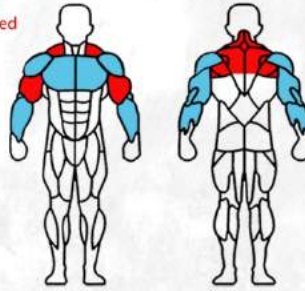
• L x W x H (CMS) : 180 x 110 x 60 •

- "Compatible use with olympic sized plate"
- Multiple handles: prone/semi-prone/semi-supine grip,
- Non slip platforms inclined at 9⁰,
- Stronger bar rack.

Tricep press Down



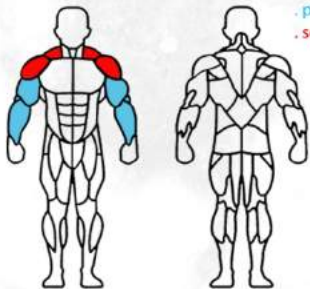
. primary muscle worked
. secondary muscle worked



• L x W x H (CMS) : 170 x 130 x 100 •

- "Compatible use with olympic sized plate"
- Movable handles with adaptive system,
- Adjustable seat,
- Two additional weight plate horns,
- HDR handle, [ARM WEIGHT - 10kg]
- Center roller to lock the tights in the corect physiological position.

Hammer Curl



. primary muscle worked
. secondary muscle worked

• L x W x H (CMS) : 125 x 170 x 100 •



- "Compatible use with olympic sized plate"
- Rotating handles with adaptive system,
- Rubber stopper to reduce noise,
- Adjustable seat,
- HDR v handle,
- Two additional weight plate horns.

HS - 7014

HS - 7015

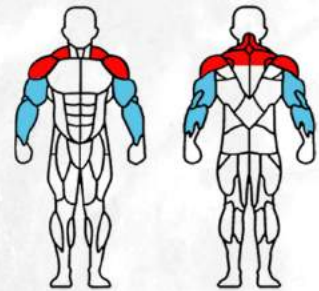
HAM
SERIES

HS - 7016

Bicep / Tricep (dual)



- . primary muscle worked
- . secondary muscle worked

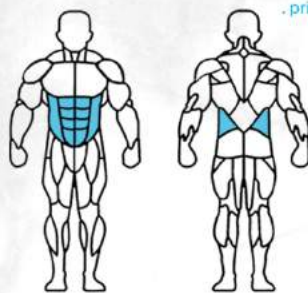


L x W x H (CMS) : 100 x 150 x 100

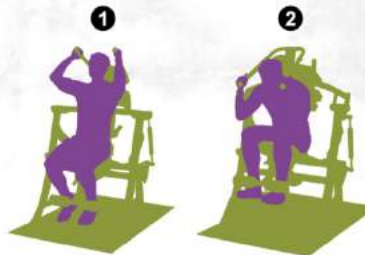
- “Compatible use with olympic sized plate”
- Plate loaded bicep & tricep,
- Lift heavier weights with a comfortable HDR grip,
- Adjustable seat,
- High-density,
- Handle adjustable disk.

Ab core

HS - 7017

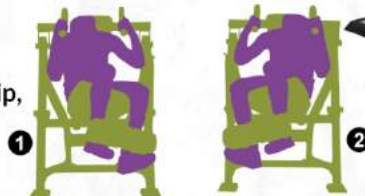


. primary muscle worked



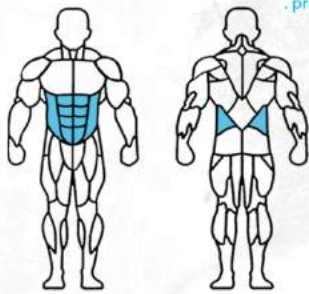
L x W x H (CMS) : 115 x 85 x 155

- “Compatible use with olympic sized plate”
- Multijoint biomechanical system,
- Independent levers for upper abs, lower abs,
- Adjustable seat,
- Large support HDR handle grip,

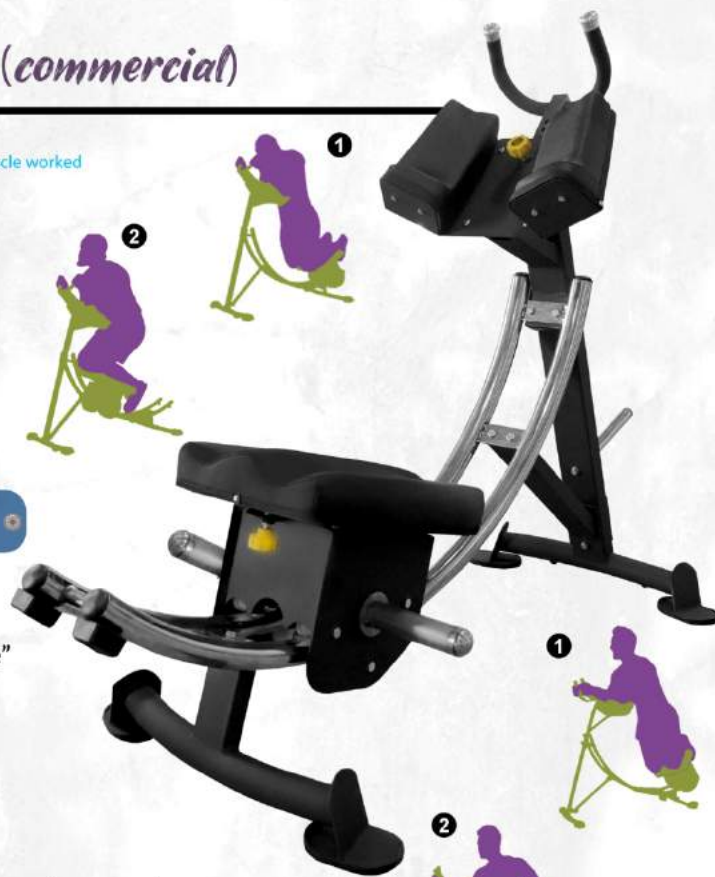


30

Abcoaster (commercial)

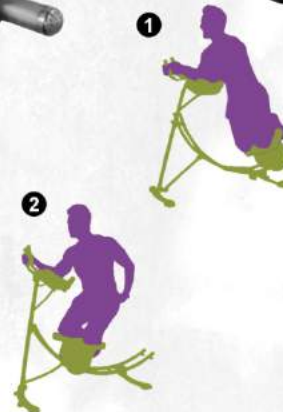


. primary muscle worked



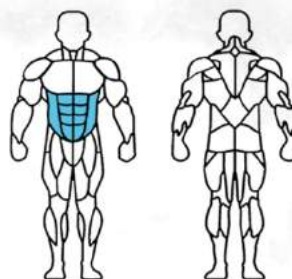
• L x W x H (CMS) : 190 x 75 x 135 •

- "Compatible use with olympic sized plate"
- Adjustable handle
- 2 additional weight plate horns,
- Adjustable seat,
- Independent lever: upper abs, lower abs, serratus exercise.



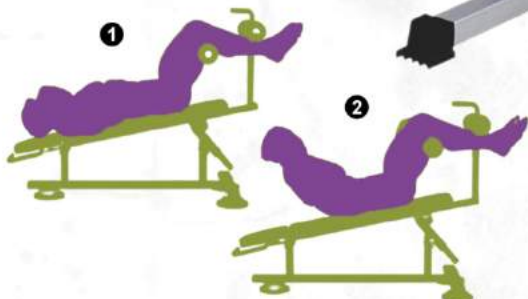
Dual Ab Crunch

. primary muscle worked



• L x W x H (CMS) : 170 x 78 x 105 •

- "Compatible use with olympic sized plate"
- Multijoint biomechanical system,
- Adjustable thrust rollers,
- Large support HDR handle,
- Two feet stop rolls.



HS - 7018

HS - 7019

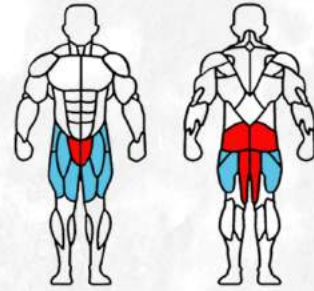
HAM
SERIES

HS - 7020



Hip Thrust

primary muscle worked
secondary muscle worked

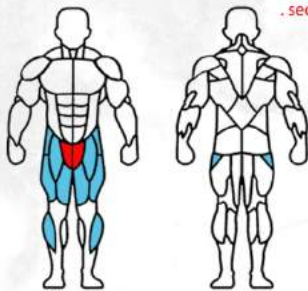


L x W x H (CMS) : 186 x 155 x 85

- “Compatible use with olympic sized plate”
- We recommend placing belt just above hip bone,
- Maximum comfort and safety with maximum weights,
- Optional weight storage rack,
- Tilting back support,
- Feet platform.

Leg Extension

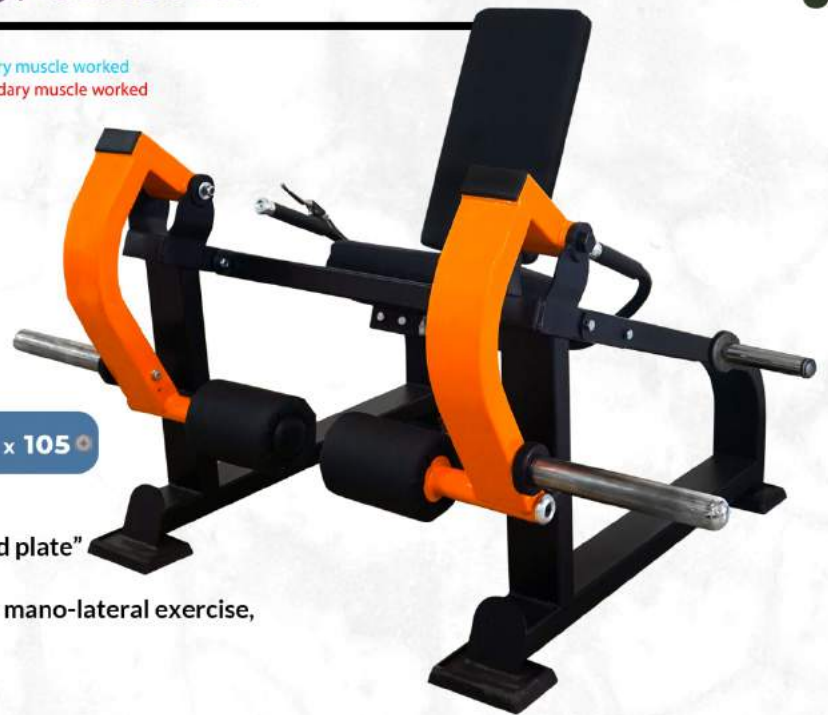
primary muscle worked
secondary muscle worked



HS - 7021

L x W x H (CMS) : 140 x 107 x 105

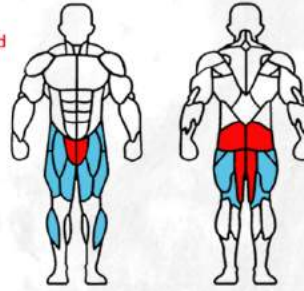
- “Compatible use with olympic sized plate”
- Independent levers for bilateral or mano-lateral exercise,
- Adjustable back seat,
- Stronger bar rack,
- HDR handle grip,
- Two additional weight holders.



Leg extension / Seated leg curl (dual)



. primary muscle worked
. secondary muscle worked

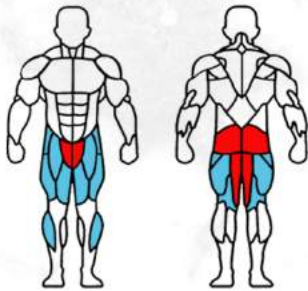


• L x W x H (CMS) : 150 x 140 x 110 •

- "Compatible use with olympic sized plate"
- HDR handle grip,
- Adjustable back seat,
- Adjustable thrust roller,
- One additional weight plate horns,
- Upper adjustable roller to lock the tighs in the correct physiological position.

HS - 7022

Leg extension / Prone leg Curl (dual)



. primary muscle worked
. secondary muscle worked

• L x W x H (CMS) : 150 x 140 x 110 •

- "Compatible use with olympic sized plate"
- Backrest inclination adjustment,
- Adjustable thrust roller,
- Counterbalance system,
- Double support HDR handle,



HS - 7023

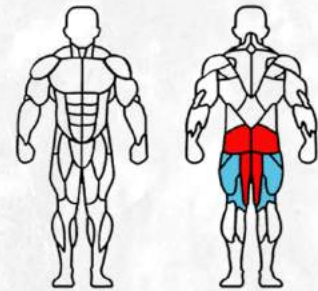
HAM
SERIES

HS - 7024

Prone leg Curl



. primary muscle worked
. secondary muscle worked

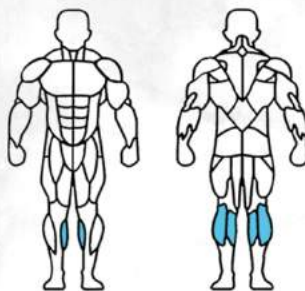


• L x W x H (CMS) : 170 x 140 x 120 •

- "Compatible use with olympic sized plate"
- HDR handle grip,
- Adjustable thrust roller,
- Stronger bar rack,
- Range of motion: adjustable starting angle.

Seated Calf

HS - 7025



. primary muscle worked

• L x W x H (CMS) : 125 x 65 x 100 •

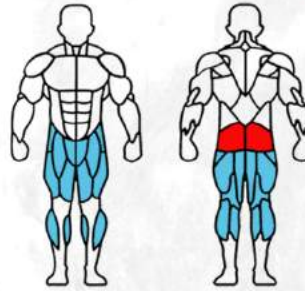
- "Compatible use with olympic sized plate"
- Thrust paddings with height adjustment,
- Rubber stopper to reduce noise,
- Anti-slip platforms,
- Center support HDR handle,
- Stronger bar rack.



Leg press



. primary muscle worked
. secondary muscle worked

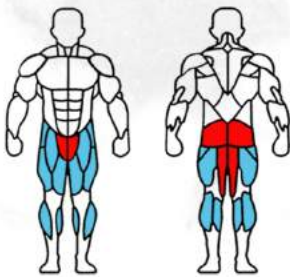


⦿ L x W x H (CMS) : 240 x 160 x 150 ⦿

- ♥ "Compatible use with olympic sized plate"
- ♥ Easy start system with safety levers,
- ♥ Varying density padding backrest for the max use comfort,
- ♥ Fixed seat,
- ♥ HDR handle,
- ♥ Center handels for improved entry/exit.

Hack squat / Leg press ^(dual)

. primary muscle worked
. secondary muscle worked



⦿ L x W x H (CMS) : 250 x 105 x 150 ⦿



- ♥ "Compatible use with olympic sized plate"
- ♥ Easy start system with safety levers,
- ♥ Varying density padding backrest for the max use comfort,
- ♥ Adjustable backrest 5 position,
- ♥ Wide super-grip platforms,
- ♥ Two additional weight plate horns.

HS - 7026

HS - 7027

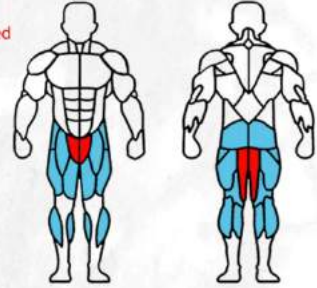
HAM
SERIES

HS - 7028

Super 'V' squat



. primary muscle worked
. secondary muscle worked

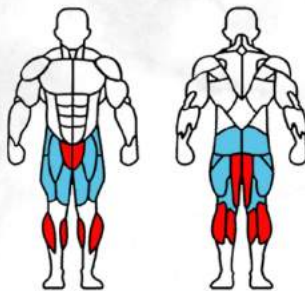


◉ L x W x H (CMS) : 195 x 147 x 152 ◉

- 🔴 "Compatible use with olympic sized plate"
- 🔴 HDR handle grip,
- 🔴 Two additional weight plate horns.
- 🔴 Wide large super-grip platforms,
- 🔴 Range of motion: adjustable starting angle.

Vertical leg press

. primary muscle worked
. secondary muscle worked



◉ L x W x H (CMS) : 175 x 210 x 160 ◉

- 🔴 "Compatible use with olympic sized plate"
- 🔴 Easy start system with safety levers,
- 🔴 Varying density padding backrest for the max use comfort,
- 🔴 Adjustable backrest seat,
- 🔴 Wide super-grip platforms,
- 🔴 Fixed two side safety HDR handle,
- 🔴 Four additional weight plate horns.



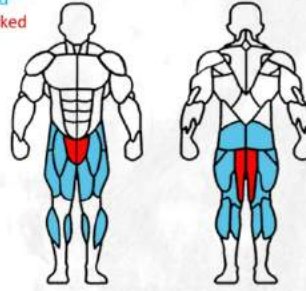
HS - 7029

HAM
SERIES

Leverage Squat



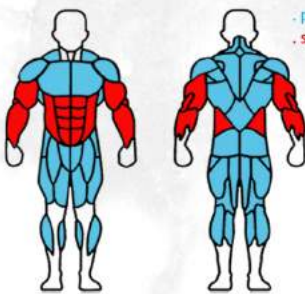
. primary muscle worked
. secondary muscle worked



◉ L x W x H (CMS) : 150 x 125 x 150 ◉

- 🔒 "Compatible use with olympic sized plate"
- 🔒 Easy start system with safety levers,
- 🔒 Counter balanced with spring system,
- 🔒 Large non-skid footplate,
- 🔒 Heavy duty workout up to 450kg,
- 🔒 Two additional weight plate horns.

Smith machine



. primary muscle worked
. secondary muscle worked

◉ L x W x H (CMS) : 170 x 230 x 220 ◉

- 🔒 "Compatible use with olympic sized plate"
- 🔒 Height adjustable safety supports,
- 🔒 Rubber coated bar catch rod,
- 🔒 Bar catch holders,
- 🔒 Height adjustable HDR handles,
- 🔒 Easy start system with safety lever,
- 🔒 Counter balanced revolving bar.



HS - 7030

HS - 7031

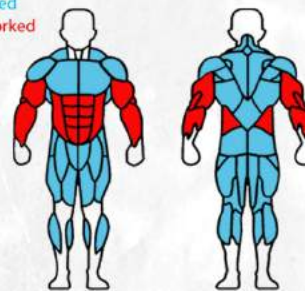
HAM
SERIES

HS - 7032



3D smith machine

. primary muscle worked
. secondary muscle worked

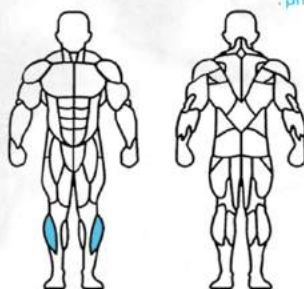


L x W x H (CMS) : 230 x 250 x 230

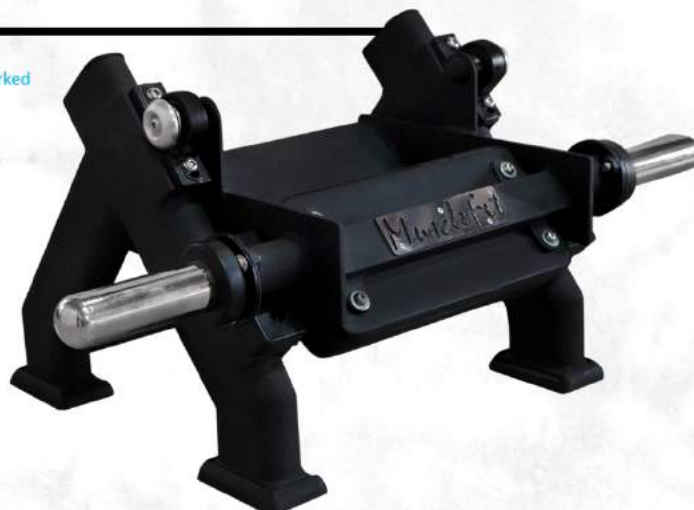
- "Compatible use with olympic sized plate"
- Height adjustable safety supports,
- Easy start system with safety lever,
- Bar catch holders,
- Multiple HDR handels,
- 6 additional weight plate horns.
- Vertical & horizontal linear movement for different types of workout.

Tibia Trainer

HS - 7033



. primary muscle worked



L x W x H (CMS) : 120 x 54 x 41

- "Compatible use with olympic sized plate"
- Safe and effective training,
- Optimal design ensures ideal workload distribution,
- Ergonomically designed machine,
- Seated or standing,
- Superior isolation.

HAM
SERIES

Muscle fit Combo Trainer

L x W x H (CMS) : 275 x 230 x 200

HS - 7034



STRONG



HAM
SERIES

4 Station - 2stack Gym

MG - 980

Multi Gym



- 1. Leg press
- 2. Peck / Deck
- 3. Lat pull
- 4. Chest press
- 5. Leg Extension
- 6. Leg raise & Dipping
- 7. Single pulley
- 8. Chinup
- 9. Bicep
- 10. Push up
- 11. Rowing
- 12. Ab crunch

L x W x H (CMS) : 275 x 380 x 230

CUSTOMER SPECIFIED



MG -980(a) 4 Station - Bended



MG -980(b) 4 Station Gym

NOTES : WEIGHT, CAPACITY & WORKOUT STATIONS AS PER CUSTOMER SPECIFICATIONS AVAILABLE

MG - 981

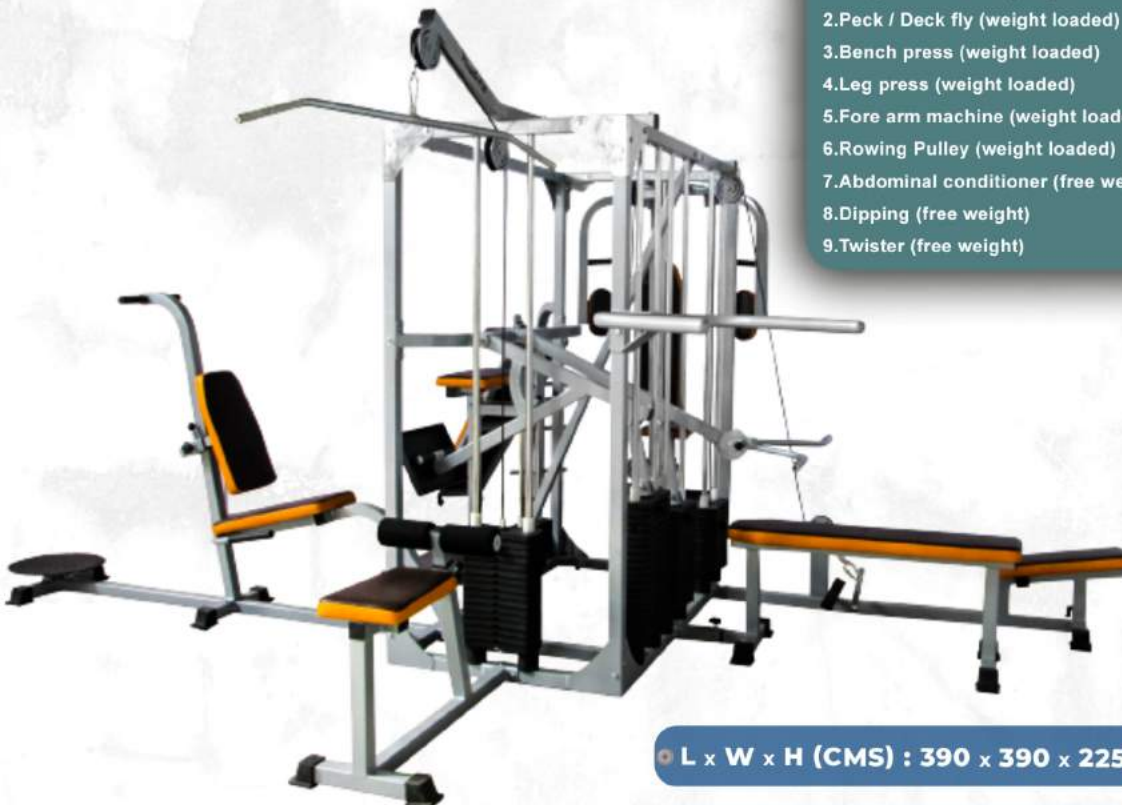


6 Station Gym 1 weight + 2 free weight

- 1.Lat pull / mid Row (weight loaded)
- 2.Peck / Deck fly (weight loaded)
- 3.Bench press (weight loaded)
- 4.Calf press (weight loaded)
- 5.Abdominal conditioner (free weight)
- 6.Dipping (free weight)

• L x W x H (CMS) : 490 x 280 x 250 •

MG - 982



9 Station Gym 1 weight + 3 free weight

- 1.Lat pull / mid Row (weight loaded)
- 2.Peck / Deck fly (weight loaded)
- 3.Bench press (weight loaded)
- 4.Leg press (weight loaded)
- 5.Fore arm machine (weight loaded)
- 6.Rowing Pulley (weight loaded)
- 7.Abdominal conditioner (free weight)
- 8.Dipping (free weight)
- 9.Twister (free weight)

• L x W x H (CMS) : 390 x 390 x 225 •

NOTES : WEIGHT, CAPACITY & WORKOUT STATIONS AS PER CUSTOMER SPECIFICATIONS AVAILABLE

L x W x H (CMS) : 450 x 400 x 220

MG - 983

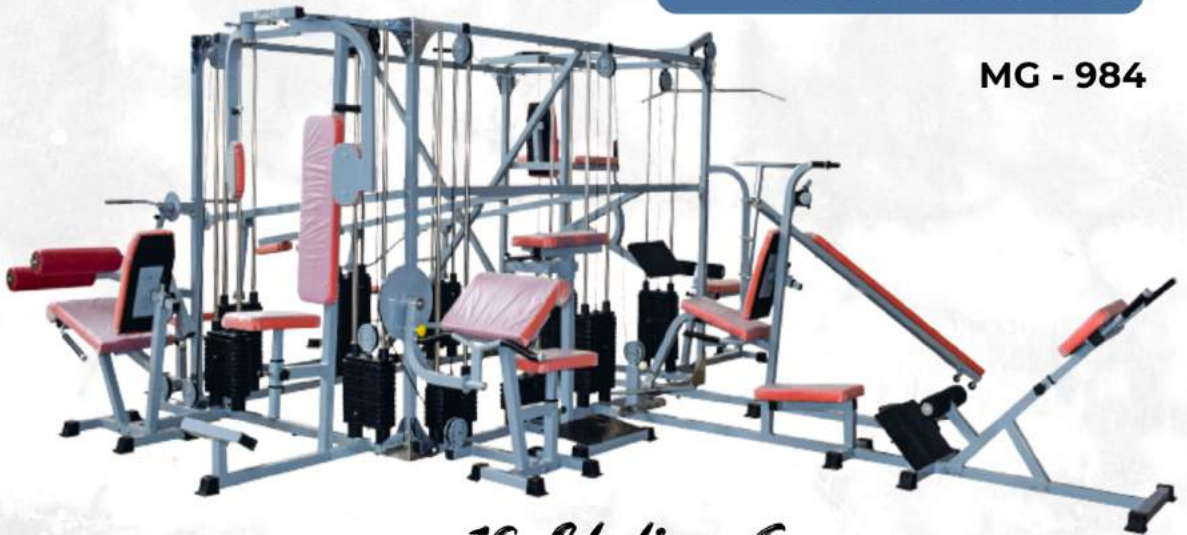


12 Station Gym 5 weight + 4 free weight

- | | |
|---------------------------------------|---|
| 1. Lat pull / mid Row (weight loaded) | 7. Bicep curl (weight loaded) |
| 2. Peck / Deck fly (weight loaded) | 8. Shoulder press (weight loaded) |
| 3. Bench press (weight loaded) | 9. Twister (free weight) |
| 4. Leg press (weight loaded) | 10. Dipping (free weight) |
| 5. Fore arm machine (weight loaded) | 11. Abdominal conditioner (free weight) |
| 6. Rowing Pulley (weight loaded) | 12. Hyper extension (free weight) |

L x W x H (CMS) : 610 x 540 x 220

MG - 984



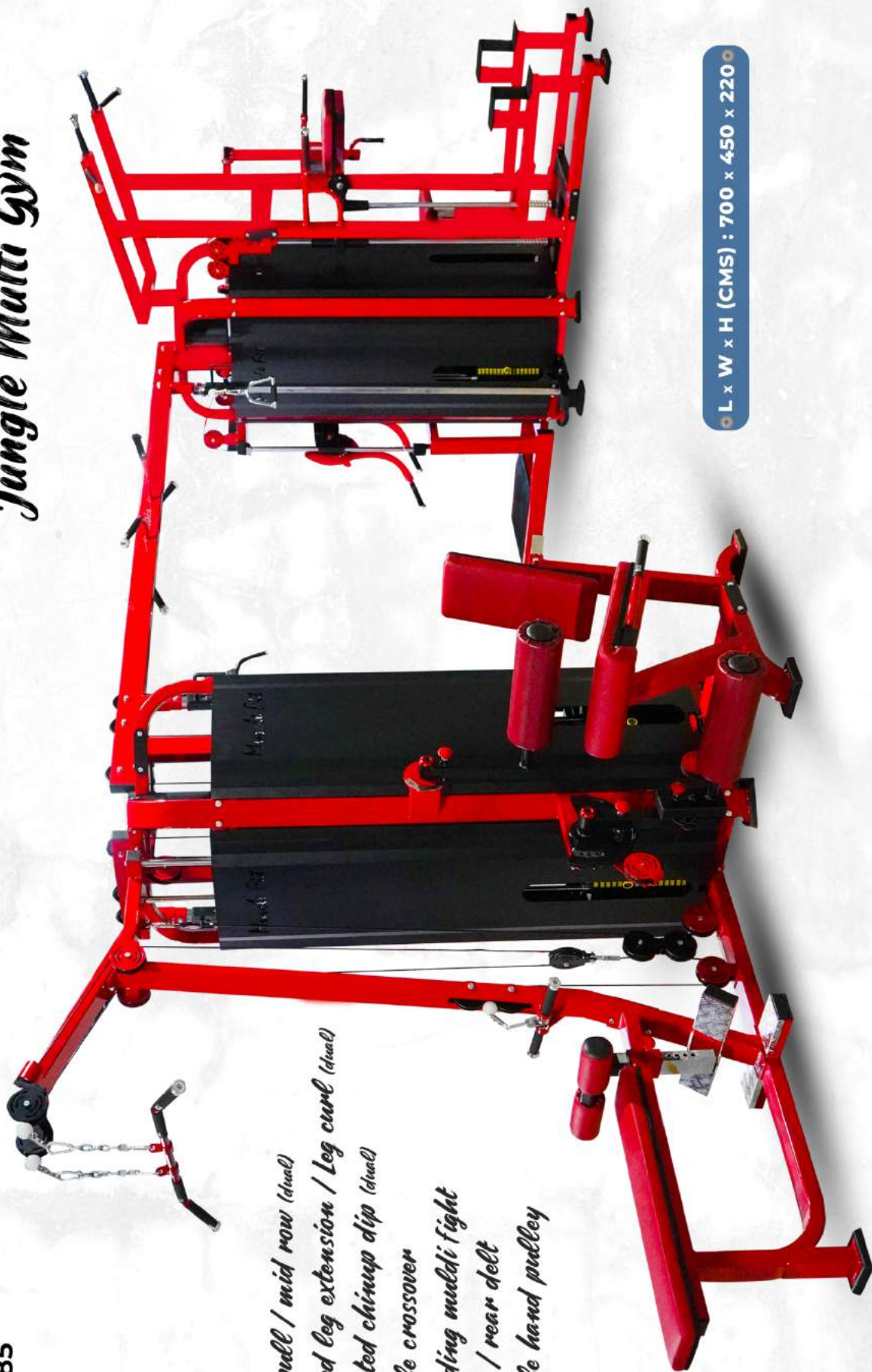
16 Station Gym 10 weight + 6 free weight

- | | | |
|---------------------------------------|--|-----------------------------|
| 1. Lat pull / mid Row (weight loaded) | 7. Bicep curl (weight loaded) | 13. Dipping (free weight) |
| 2. Peck / Deck fly (weight loaded) | 8. Shoulder press (weight loaded) | 14. Leg Raise (free weight) |
| 3. Bench press (weight loaded) | 9. Squat press (weight loaded) | 15. Twister (free weight) |
| 4. Leg press (weight loaded) | 10. Leg curl / Leg extension (weight loaded) | 16. Chin up (free weight) |
| 5. Fore arm machine (weight loaded) | 11. Abdominal conditioner (free weight) | |
| 6. Seated Rowing (weight loaded) | 12. Hyper extension (free weight) | |

NOTES : WEIGHT, CAPACITY & WORKOUT STATIONS AS PER CUSTOMER SPECIFICATIONS AVAILABLE

MG - 985

Jungle Multi Gym



Lat pull / mid row (dual)
Seated leg extension / Leg curl (dual)
Assisted chinup dip (dual)
Cable crossover
standing multi fight
peck / rear delt
single hand pulley

L x W x H (CMS) : 700 x 450 x 220

NOTES : WEIGHT, CAPACITY & WORKOUT STATIONS AS PER CUSTOMER SPECIFICATIONS AVAILABLE

Multi Gym

Crossfit 360° -Gateway

L x W (FEET) : 24 x 16

MC - 3601



Circuit Trainer

L x W (FEET) : 22 x 16

MC - 3602



Crossfit 360° -Gateway

L x W (FEET) : 20.5 x 14

MC - 3603



NOTES : WEIGHT, CAPACITY & WORKOUT STATIONS AS PER CUSTOMER SPECIFICATIONS AVAILABLE

Crossfit 360° - Gateway

MC - 3604

L x W (FEET) : 22 x 16



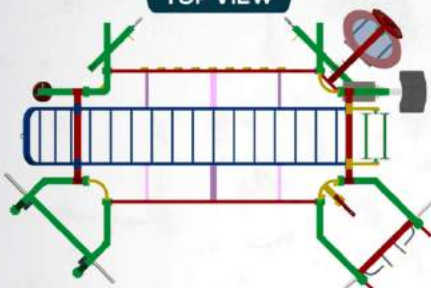
Crossfit 360° - Gateway

MC - 3605

L x W (FEET) : 20.5 x 14



TOP VIEW



SIDE VIEW



NOTES : WEIGHT, CAPACITY & WORKOUT STATIONS AS PER CUSTOMER SPECIFICATIONS AVAILABLE

Crossfit

BENCHES & RACKS



M-6000
OLYMPIC FLAT BENCH PRESS
 L x W x H(Cms): 200 x 180 x 120



M-6001
OLYMPIC INCLINE BENCH PRESS
 L x W x H(Cms): 190 x 180 x 120



M-6002
OLYMPIC DECLINE BENCH PRESS
 L x W x H(Cms): 210 x 180 x 120



M-6003
OLYMPIC ADJUSTABLE BENCH PRESS
 L x W x H(Cms): 200 x 180 x 150



M-6004
AB CONDITIONER
 L x W x H(Cms): 190 x 60 x 125



M-6005
ABDOMEN KING
 L x W x H(Cms): 180 x 75 x 110



M-6006
SISSY SQUAT
 L x W x H(Cms): 120 x 100 x 50



M-6007
ADJUSTABLE ABBOARD
 L x W x H(Cms): 150 x 65 x 130



M-6008
ADJUSTABLE SITUP BOARD
 L x W x H(Cms): 155 x 45 x 120



M-6009
BICEP CURL BENCH
 L x W x H(Cms): 120 x 70 x 95



M-6010
FID BENCH
 L x W x H(Cms): 150 x 50 x 140



M-6011
FLAT BENCH
 L x W x H(Cms): 120 x 45 x 50



M-6012
ADJUSTABLE GYM STOOL
 L x W x H(Cms): 80 x 40 x 50



M-6013
GYM STOOL WITH BACK SUPPORT
 L x W x H(Cms): 85 x 80 x 105



M-6014
HYPER EXTENSION
 L x W x H(Cms): 130 x 70 x 110

BENCHES & RACKS



M-6015
HYPER EXTENSION / ROMAN CHAIR (dual)
L x W x H(Cms): 140 x 80 x 95



M-6016
LEG RAISE / CHINUP DIP (dual)
L x W x H(Cms): 175 x 120 x 240



M-6017
VERTICAL KNEE RAISE
L x W x H(Cms): 130 x 75 x 170



M-6018
TWISTER WITH HANDLE
L x W x H(Cms): 75 x 45 x 130



M-6019
DOUBLE TWISTER
L x W x H(Cms): 165 x 65 x 140



M-6020
ROD RACK



M-6021
SQUAD RACK
L x W x H(Cms): 180 x 155 x 180



M-6022
POWER RACK
L x W x H(Cms): 200 x 180 x 235



M-6023
BAR HOLDER



M-6024
SQUAD STAND
L x W x H(Cms): 110 x 130 x 165



M-6025
PLATE RACK TRIANGLE



M-6026
PUSH UP STAND
L x W x H(Cms): 130 x 75 x 170



M-6027
LAT PIVOT ASSEMBLY



M-6028
WALL MOUNTING ROD RACK



M-6029
POWER SLEDGE



M-6030
WALL MOUNTED DIP & PULL UP



M-6031
WALL MOUNTING CHINUP



M-6032
BARBELL RACK
L x W x H(Cms): 122 x 70 x 110



M-6033
DUMBBELL RACK
(Available : 2 tier, 3 tier)
(stainless steel laser - engraved weight Kg)



M-6034
COMBINATION RACK

STRENGTH ACCESSORIES



XLSA-001
Jumping stool



XLSA-002
Jumping box



XLSA-003
Aerobic step



XLSA-004
Vinyl flooring
(Thickness: 2, 4.5 & 6.5mm)



XLSA-005
SPR Gym flooring



XLSA-006
Gym floor mat
(Thickness: 1m x 1m x 15m)



XLSA-007
Yoga Mat



XLSA-008
Body Analyzer



XLSA-009
Medicine ball Rebounder



XLSA-010
Hexagonal Fitness Trampoline



XLSA-011
Kettle Bell Rack



XLSA-012
Yoga Ball Rack



XLSA-013
Wall Ball Rack



XLSA-014
Gym Ball Rack



XLSA-015
Training Weight Bag Rack



XLSA-016
Power Bag Rack



XLSA-017
Training Tube



XLSA-018
Drag Parachute



XLSA-019
Lawn



XLSA-020
Piyo Jump Box



XLSA-021
Agility Ladder
(6 Meter)



XLSA-022
Plastic Cone Training Marker



XLSA-023
Training Weight Bag



XLSA-024
Power Bag



XLSA-025
Gym Hammer



XLSA-026
Trx Rope



XLSA-027
Yoga Stick



XLSA-028
Wall Ball



XLSA-029
Medicine Ball



XLSA-030
Medicine Ball With Handle



XLSA-031
Rubber Coated Barbell



XLSA-032
Captain America Barbell



XLSA-033
Absling



XLSA-034
Battle Rope
(Available: 12m, 15m)



XLSA-035
Boxing Bag
(With & Without Filling)



XLSA-036
Kettle Bell

STRENGTH ACCESSORIES



HA-5001
Single Handle



HA-5002
C Open Single Handle



HA-5003
Single Handle



HA-5004
Bicep W Handle



HA-5005
Rowing V Handle



HA-5006
V Shape Handle



HA-5007
Bended D Handle



HA-5008
Bended Rowing Handle



HA-5009
Tricep W Handle



HA-5010
Tricep Rope



HA-5011
Rowing Handle



HA-5012
Predator Rowing V Handle



HA-5013
Predator Tricep Rope



HA-5014
Leather Weight Lifting Belt



HA-5015
Training Gloves



HA-5016
Shoulder Pad



HA-5017
Barbell Landmine Attachment



HA-5018
D Handle



HA-5019
Olympic Safety Squat Bar



HA-5020
Lat Handle Wide (small)



HA-5021
Moulded Handles (5pcs)



HA-5022
Rods
(Available: 7, 6.5, & 4Ft...,
EZ Rod: 4 & 3Ft)



HA-5023
Predator Handles (8pcs.)



Double Draw Down Handle



Birds Pull up Handle



Double Transverse Handle



Backward Lifting Handle



Mini Droadwise Handle

WEIGHT PLATES & DUMBBELLS



WP-001
Rubber Weight Plate
(Available: 1.25, 2.5, 5, 7.5,
10, 15, 17.5, 20, 25Kg)



WP-002
Pro Style Cast iron Dumbbells
(Available: 2.5, 5, 7.5, 10, 12.5, 15, 17.5, 20, 22.5, 25, 27.5, 30,
32.5, 35, 37.5, 40, 42.5, 45, 47.5, 50Kg)



WP-003
Pro Style Rubber Dumbbells



WP-004
Rubber Round Dumbbells
(Available: 2.5, 5, 7.5, 10, 12.5, 15,
17.5, 20, 25, 30Kg)



WP-005
Captain America Weight Plates



WP-006
Hex Dumbbells
(Available: 1, 2, 3, 4, 5, 6, 7.5, 8,
10, 12.5, 15, 17.5, 20, 25, 27.5, 30Kg)



WP-007
Bone Dumbbells



WP-008
Neoprene Dumbbells
(Available: 1 to 5Kg)



WP-009
Captain America Dumbbells



SOCIALMEDIA



Excelfitnesscentre



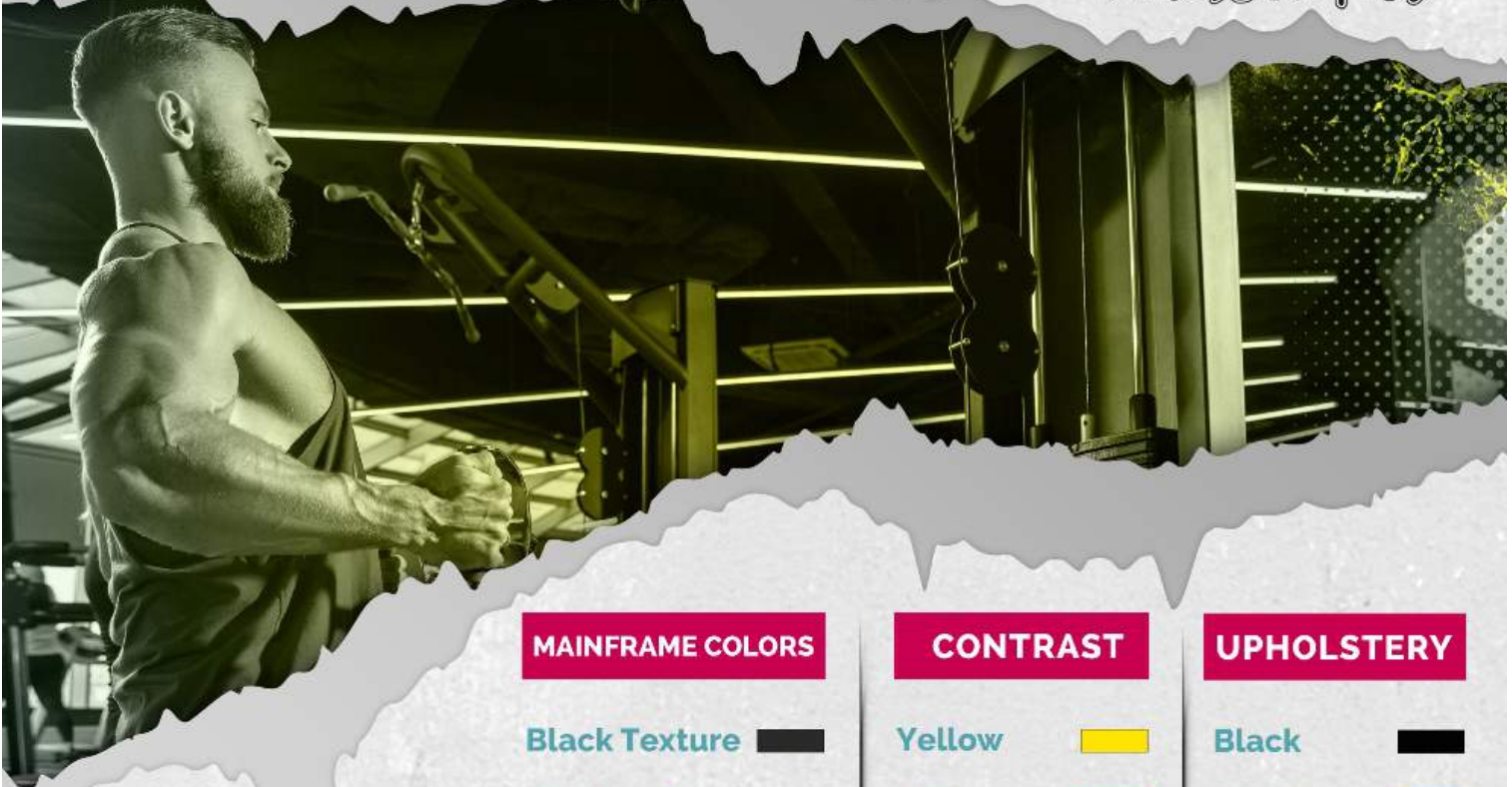
Excel_fit



Excel fitness




Muscle Fit[®]



MAINFRAME COLORS


Black Texture 


Clasic white 

Sparking silver 

CONTRAST


Yellow 

Red 

Orange 

UPHOLSTERY

Black 

Brown 

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